MLK MSA Outline

Getting to Know Each Other Better
Tuesday, December 13, 2011

**Intro/Announcements:** Recitation of verses from the Qur’an.All executive board members must thank everyone for attending and thank those who came in last week, reflecting on last week’s meeting too. Make an announcement about the suggestion box & how many meetings of the month there are left.

**I. Sit in a circle. *(3 min)***

1. Gender separated.
2. Board members sit with their gender splitting in NSEW.
3. Board members introduce themselves as time goes on.

**II. Name Memorization Game *(15 min)***

1. The game goes by adding a word that starts with the letter of your name before your name. (Ex: Sassy Sadia)
2. Another person goes after the first person, and adds a word in front of his/her name after he/she has said the first person’s name.
3. After that, everyone consistently repeats the following people’s name that has been said before them.

**II.** **Activity “Balloon Breaker”** ***(8 min)***

1. Everyone gets a balloon and each person will write on the balloon one thing they want to change about themselves.
2. Jiniya hands out slip of paper to each person.
3. Do not put your name on the balloon, everything **must** stay anonymous.
4. You will then proceed to fill your balloon with air, tie it, and release it in the air.

**III. (Activity cont.) Pick up a random balloon *(15 min)***

1. Everyone picks up a random balloon.
2. One by one, the balloons will be popped.
3. When someone pops the balloon they have, they will begin to read what has been written on the slip of paper out loud.
4. Following this, the person will give a piece of advice to the owner of the balloon.
5. Anyone is free to join in and give advice.
6. If the person wishes to not stay anonymous anymore, and wishes to come forward, that is absolutely fine.

**IV. Reflection (*5 min)***

1. Ask them their input in the point of this activity.
2. What they learned from each other.
3. How we can improve on ourselves.
4. Explain that we are here to help one another in need.

**V. Board Members’ Reflection *(3 min)***

1. Sadia, Jiniya, Suria, Shahriar, Kamrul