

Smoking In Islam

• we are finally talking about something Relevant

we must know just how serious smoking is

- we see kids - cigarette #1

If we ask people why you smoke:

- 1. I know its really bad, make dua for me
- 2. I have some anger problems, so this helps me relieve some stress
- 3. I saw this movie, the cigarette looked like gold, so stylish
- 4. This is Qadr; If Allah wants me to stop I will stop

- EXPLAIN - a loan: \$5000

OH, so convince me

- All from Quran and Sunnah

وَلَا تَقْتُلُوا أَنْفُسَكُمْ إِنَّ اللَّهَ كَانَ بِكُمْ رَحِيمًا

And do not kill yourselves, indeed Allah was with you was merciful

- SMOKING kills

4 million a year die from smoking

When Allah (swt) described the Prophet (ص):

2- "يحل لهم الطيبات ويحرم عليهم الخبائث"  
evil things                      good things

what is the cigarette?

- ok Evil, so permissible or forbiden

3- والذين يؤذون المؤمنين والمؤمنات بغير ما اكتسبوا  
فقد احتملوا بُرْتَاناً وإثماً موبيناً

\* And the ones who harm the believers (M) and  
believers (F) with something that they didn't do, they put

- passive smoking

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Evidence from Sunnah

قال (ص): "لا ضرر ولا ضرار"

Don't harm yourself, or others

• DAY OF JUDGEMENT - no more - ask 4 things

1 thing - "where you got \$, where you spent"

So your telling me you dont like this.  
We thought cigarette is *makruh*

- If *makruh*, then why you do something Allah hates?
  - You have to have love for Allah and act on it
- You should stay away from "Shubuhah"

let me ask

Before lighting, ask yourself are you Allah's slave or independent (do what you want)

Allah prohibits

but know consequences

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### Diseases from cigarette

- cancer etc. wrinkling, yellow teeth, lungs.
  - we know
- Nicotine: put adot, get addicted!
  - ↓  
poison used for killing rodents
- Put cigarette in water, cut drinks, it dies!  
Don't try.
- Giving you a loving, caring message
- HAVE MERCY on yourself and those around you
- STOP SMOKING.

- ask any drug addict, 1st step - cigarette  
then heroin and weed

- May Allah help muslims quit

why cigarette doesn't turn off?

Trade secret - <sup>tabacco</sup> put in Alcohol - 3 months - 6 months  
then processed

Sheesha (Argilla) ← worse.

- what people do? Happy? Proud. Apple Pineapple  
all flavours

- doesn't harm

- tube full of microbes and germs transferred  
from person to person

- STEINWAY during ramadan

smoking leads to Bad ending (Death)

Reason 1: persistent on heroin. And repeats 100's times  
why?

Reason 2: done publically, people see it

- many people die w/ cigarette, insallah we die with Quran
- My cousins friend

Islamic protection / Guard on oneself  
 ← name them →

1. Guarding Faith:

- How is smoking helping faith? How?  
 it takes time away from Ibadah

- You ever see someone saying subhanallah  
 or doing Thirr / Quran w/ cigarette

- 5 min - what can you do?

read سورة الاحقاف 10 times → a house in Jannah  
 1 time. 1 tree in Jannah سورة الاحقاف و سورة الاحقاف

- You MAY find people smoke 40 a day, and  
 send family hating.

- You MAY find people who are harmed, and you  
 tell them to deal with it

- Harm people publically anywhere

Someone will hear athan and  
 not wake up



But if he has urge to smoke  
 - gets up in cold freezing  
 - if not, he will go out to  
 get some from Deli

## حفظ العرض

Guarding ones Honor / ?? reputation

- + this guy is great BUT, he smokes.
- takes away from ones respect and perception

## حفظ النفس

Guarding ones self

- You're killing yourself

## حفظ المال

Guarding ones wealth

- Allah gives us risq, and we literally burn it

## حفظ العقل

Guarding/protecting the mind

- destroys brain cells (stroke)

+ on top of all this you are harming others

- at mosque
  - work
  - supermarket
  - street
- YOUR KILLING OTHERS!

- 1st Grade Girl story/example

Hadith

Bukhari + Muslim

قَالَ — (ص) — " من أكل ثومًا أو بصلًا فالبعير يفتزل "

- so dont harm people مسجدنا - dont come to the mosque

- And they are haled Garlic + onion

THEN WHAT SMOKES (HARAM) and goes in MASJID??

Smoking on the economy

- Egypt ONLY - 8 Billion cigarettes - \$3 Billion on treatments for smoking

- Arab countries - (25% of global cigarettes)

- Give money to enemies, and kill ourselves with it

• 40-50 yrs Smoking - \$ = best car  
best house  
build masjid  
Hajj every year  
give charity

Neroshima + Nagasaki -  $\frac{1}{4}$  of million - 250,000 people

4 million a yr for SMOKING!

Wow!

SMOKING DOCUMENTARY!

## Actions taken to stop smoking in modern countries

1. Prohibit advertisements on T.V and Public Areas
2. No Y. of cigarettes " Pictures and smoking kills"
3. Rise taxes.

④ Social problem - men attractive when smoking

did opposite ✓

- prohibit airplane smoking/restaurants
- they put them in a small room filled with smoke
- you have to smoke outside in the cold
- Airports / they put in small room, and people stare at them smoking  
They look bad, and they bother each other  
ugly

30 million Americans Quit

10 million British Quit

- When are you gonna stop for Allah (swt).
- use a miswaq instead. Get closer to Allah, don't get Allah's Anger.

# How to stop Smoking

1. Seek help from Allah - only Allah can help

2. know your intention - doing this for Allah  
not for health or \$

- so I will not do something Allah forbids or  
even hates

3. Get away from bad friends - your not a mean

4. Stay away from areas  
where smokers gather

5. Don't sit where you would smoke

6. Think about family

- Smoking in front of kids is a crime
- kids grow up loving smoking because  
of his dad. (role model)

7. Think about people you hurt.

8. Tell people I quit, trying to quit

9. Exercise, get rid of the chemicals

or S

10. Use the money used for smoking, put it towards any good cause

11. Use smoking medicine

DONT GIVE UP!

- go back to Allah, none but Allah can help
- start a clean page.

Last, if you try once, or twice dont give up

- never pick up a cigarette

Dawah

- if you dont smoke, tell others about this
- reward for such dawah
- we all knew smokers

السلام عليكم  
بِسْمِ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَاصْلَاةٌ وَالسَّلَامُ عَلَيَّ  
(رسول الله (ص))

- Peace be with you
- In the name of Allah (God), all praise be to him, and peace be upon Prophet Muhammad (S) and his family

• سُبْحَانَكَ اللَّهُ هَمَّ وَبِحَمْدِكَ أَشْرُدُ  
إِلَّا إِلَهًا إِلَّا أَنْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْهِ،  
• وَصَلَّى اللَّهُ عَلَيَّ نَبِيِّنَا مُحَمَّدٍ (ص)، وَعَلَىٰ آلِهِ  
وَصَحْبِهِ وَسَلَّمَ  
• وَالسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

Praise is to Allah, the one and only, I seek his forgiveness and repent to him

- May Peace be upon the Prophet Muhammad (S) and his family and companions
- May Allah (God) peace be with you